

**Connections Social
Recreational Calendar
& Schedule**

“If you have only one smile in you, give it to the people you love” -
Maya Angelou



December 2024

Wellness Focus of the month:
BE DYNAMIC!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Eat a red apple day</i>	2 <i>National build JOY day</i>	3	4	5 <u><i>Holiday bingo</i></u>	6 <i>Walmart shopping</i>	7 <u><i>Annual pottery fund raiser</i></u> Hanukkah
8	9	10	11 <i>clozaril</i>	12 <u><i>Wellness-VEGAN Taste testing-make holiday cards</i></u>	13 <i>Walmart shopping</i>	14
15 <i>Ugly sweater day</i>	16	17	18	19 <u><i>Employment/ education dinner</i></u>	20 <u><i>Holiday dinner @ Box Car Grill, shopping, home early</i></u>	21 <i>Winter Solstice-first day of winter</i>
22	23 <i>Social -Food Lion run-you must sign up to attend</i>	24 <i>Social -Food Lion run-you must sign up to attend</i>	25 <i>Christmas day</i>	26 <i>FUN DAYS (bowling)-may change</i>	27 <i>FUN DAYS (mall & Dollar Tree shopping)-may change</i>	28 <u><i>Movie-Club will buy tickets, bring lunch and snack \$</i></u> <i>Call a friend day</i>
29	30	31 <i>New years eve party @ the Club-house World peace meditation day</i>	<i>JANUARY 1st 2025 Social Food Lion run-you must sign up to attend</i>	<i>Daily wellness: talking while we walking groups-join us!</i>	<i>YOU MUST SIGN UP ONE WEEK IN ADVANCE FOR OUTINGS!!</i>	<i>NOTICE no Walmart shopping on the 20th plan accordingly</i>