



# Connections Social Recreational Calendar & Schedule

## November 2024

Wellness Focus of the month:  
*Nutrition*

Lead with kindness  
*Live with gratitude*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i><b>YOU MUST SIGN UP ONE WEEK IN ADVANCE FOR OUTINGS!!</b></i>		<i>Notice-no Walmart shopping on the 1st-plan accordingly</i>	<i>Daily wellness walking groups</i>		<i>1 Visit Adventure House along with Brighter House Clubhouse</i>	<i>2</i>
<i>3 Daylight savings time- <b>SET CLOCKS BACK ONE HOUR</b></i>	<i>4</i>	<i>5</i>	<i>6</i>	<i>7 <u>Bingo</u></i>	<i>8 Walmart shopping</i>	<i>9 <u>Ollies, Thrift Store shopping out to eat</u> <u>Bring \$\$\$</u></i>
<i>10</i>	<i>11 <b>Veterans Day</b></i>	<i>12 Life Celebration for Lisa C</i>	<i>13 Clozaril  World kindness day</i>	<i>14 <u>Bowling</u>  National pickle day</i>	<i>15 Walmart shopping</i>	<i>16</i>
<i>17  World peace day Take a hike day</i>	<i>18</i>	<i>19</i>	<i>20</i>	<i>21 <u>Board games at the Club</u></i>	<i>22 <u>Annual Education/ Employee Appreciation Dinner @ 4 Peas in a Pod</u></i>	<i>23 <u>YMCA Turkey Trot 5K</u></i>
<i>24</i>	<i>25 Meals on Wheels</i>	<i>26 <b>Annual Thanksgiving meal @ the Club</b></i>	<i>27</i>	<i>28 Thanksgiving Day Social outing-Food Lion Run-you must sign up to attend</i>	<i>29 Social-food lion run</i>	<i>30</i>